



## CORPORATE COUNSELLING PROGRAM

### HR Benefit: Private Employee Assistance Program (P-EAP)

MKCircle CEO Institute took heed to the call of many stressed, grieving, and disjointed organizations and employees. During the pandemic, we received countless inquiries for support in the area of corporate counseling that integrated with the organization's mission and goals for the support of its employees. Employers did not want to lose good employees, but they understood grief and other stress factors were becoming a norm. We introduced our Corporate Counseling Programs for teams and individuals as support to keep our country's workforce intact and help people heal mentally and emotionally. We believe healthy working and good mental health are not personal things; they are a collaborative process that includes employers and employees.

We focused on human capital support at the highest level. As in our Executive Coaching and training programs, our counselors integrate expertise with growth indicators, trends in human behavior research, and best practices for positive, whole life strategies to help clients not only overcome existing life challenges but also thrive in their present and future circumstances.

Our team of professionals is dedicated to helping you maintain a healthy work environment. We offer services designed for mental health, so your employees can perform better at work and

experience less stress than those struggling with mental illness or anxiety disorders. Our services will help you support your employees who are suffering from mental illness.

### We Offer 1:1 and Group Support in Areas Such As:

- 24-hour/7-day Help Line
- Grief: Loss of all kinds
- Stress
- Fear
- Feeling unsafe
- Trauma
- Overcoming toxic relationships
- Effective communication
- Self-awareness
- Self-regulation
- Healthy work-life balance
- Life Sessions: legal referral consultations, financial referral consultations, education, and career development

### How Our EAP Program Works

At MKCircle Enterprises, LLC, we understand the significance of providing comprehensive Employee Assistance Program (EAP) services to support your employees' well-being. Our user-friendly process ensures that your employees receive the care they need promptly and confidentially. Here is a step-by-step guide to how our EAP program operates:

- **Call Us:** 24/7 support. Contact us anytime at **714-908-8790** and select option 3. Our dedicated team is available 24 hours a day, 7 days a week, ready to assist your employees promptly.
- **Client Assessment:** for tailored support. We prioritize understanding your employees' unique needs. Our intake process involves a brief 30-minute assessment to determine the appropriate level of support required. This step is crucial to ensuring your employees receive tailored assistance.



- **Expert Practitioner Assignment:** Once the intake process is complete, we carefully match each client with a qualified professional who possesses the expertise to address their specific needs. Our practitioners are equipped to provide the necessary support, whether it's counseling, coaching, or therapy. In cases where additional services beyond the EAP scope are needed, our practitioners can refer clients to other resources within MKCircle Enterprises, LLC, or to their health insurance provider, guaranteeing comprehensive care and support.
- **Schedule Confidential 1:1 Support:** Our EAP program offers confidential one-on-one support to employees, promoting their well-being. They can access up to four confidential virtual coaching, counseling, or therapy sessions per six-month period, all at no cost. They can choose between live video sessions or live phone sessions, ensuring flexibility in their support.

**The number of sessions with any client cannot exceed four within a six-month period.**

**Confidentiality at the Core:** Confidentiality is a fundamental aspect of our EAP program. We take it seriously to protect the privacy and trust of your employees. Here is how we ensure confidentiality:

- No one other than the individual accessing EAP services knows they have utilized them.
- We generate aggregate utilization reports that do not disclose individual identities.

**Exceptions to Confidentiality:** While we uphold strict confidentiality, there are legal exceptions that guide our practices:

1. Disclosure is required by law, an executive order, or agency work rule.
2. There is reasonable belief that a client's conduct places them or another person in imminent threat of bodily harm.
3. If there is reasonable belief that a client's conduct places them or another person in imminent threat of bodily harm.

Please discuss any questions or concerns you may have regarding our confidentiality policy with our

EAP staff during the intake process. We are committed to providing discreet, compassionate, and effective support to your employees whenever they need it.

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#### PRICING

Our P-EAP Private Employee Assistance Program is tailored to elevate your organization's well-being. Unlike traditional EAPs, we go beyond the ordinary to offer comprehensive preventative services alongside essential on-demand support. Here's what makes us stand out:

**Affordable Fixed-Fee Structure:** We understand the unique needs of small and mid-sized businesses. That's why we offer a transparent fixed-fee model, allowing you to budget with confidence. No hidden costs, just clear pricing.

- ✓ 5-50 Employees: \$6,000.00 annually
- ✓ 51-200 Employees: \$17,000 annually
- ✓ 201-400 Employees: \$30,000 annually
- ✓ 401-600 Employees: \$52,000 annually

**Added Benefits:** Unlike many EAP providers, we guarantee four preventative workshops each quarter, regardless of counseling usage.

**Proactive Well-Being:** Our focus on workplace health allows you to engage specialists for workshops on topics like burnout and work-life balance. Our P-EAP program enhances employee well-being and boosts productivity.

## CPO'S AND HR LEADERS. GET IN TOUCH TODAY!

We have engaged some of the best practitioners and leaders in the fields of social work, marriage and family therapy (MFT), organizational psychology, human resources, counseling, and social psychology as part of MKCircle. As a result-based firm, our client's measurable growth and success are our ultimate goal.

