

Are You the CEO of Your Life?

MKCIRCLE CEO INSTITUTE: PRIVATE PERSONAL COUNSELING/LIFE COACHING

"Schedule a half-day every week for your own mental health and personal development."

— Dr. Karen Semien-McBride

This service provides 1:1 counseling for individuals. This is purposely open-ended, and as such, no issue is off-limits. This is intended as a service to promote a mentally healthy lifestyle. Our counselors integrate expertise with growth indicators, trends in human behavior research, and best practices for positive, whole life strategies to help clients not only overcome existing challenges but to thrive in their current and future circumstances.



"My counselor is helping me make sense of the past, and how I can move forward to become the person I want to be."



— MKCircle client



Read more about the
**PRIVATE PERSONAL
COUNSELING/LIFE COACHING
COACHING PROGRAM**



PROGRAM COST

As Low As 12 Easy
Payments of

\$129.99

(Grant Subsidized Rate)

Original Program Cost

~~**\$660.00**~~

(monthly)

**SIGN UP TODAY
AND RECEIVED THE
GRANT RATE!**

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562-900-3175 / 714-904-8790

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WE OFFER SUPPORT IN MANY AREAS SUCH AS:

- Incivility
- Stress
- Loss and grief
- Fear
- Feeling unsafe
- Trauma
- Overcoming toxic relationships
- Effective communication
- Awareness
- Self-regulation
- Healthy work-life balance

MKCIRCLE CEO Institute follows all HIPAA guidelines.

We have engaged some of the best practitioners and leaders in the fields of social work, marriage family therapy (MFT), organizational psychology, human resources, counseling, and social psychology as a part of the MKCircle Team. As a result-based firm, our client's measurable growth and success is our ultimate goal.

Start Your
JOURNEY TODAY!

**SCHEDULE YOUR FREE
30 MIN. INTRODUCTORY
COACHING MEETING**



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